

Electrocardiogram (ECG/EKG) Information and Preparation Instructions

Test information:

An electrocardiogram, also known as EKG or ECG is a test that checks for problems with the electrical activity of your heart. It shows the heart's electrical activity as line tracings on the computer screen or on a paper. The spikes and dips in the tracings are called waves.

This test should take about 5-10 minutes to perform. [See more information](#).

Please review the following information to allow for appropriate testing:

- § No lotions, powder, or body oils on your chest area.
- § You can eat and drink as normal.
- § Please wear comfortable clothes for the test.

Your test results:

Your test results will be communicated with your referring and/or family physician to discuss with you. Should your test result require an urgent cardiology consultation, we will expedite that for you in coordination with your referring/family physician to minimize your concerns.