

Echocardiogram Information and Preparation Instructions

Test information:

An Echocardiogram, also known as Echo or heart ultrasound, uses sound waves to create pictures of the heart. It is a tool that assesses the heart and the surrounding tissues for structural abnormalities and other heart conditions. It shows the flow of blood through the heart chambers and heart valves.

This test should take about an hour to an hour and a half. [See more information.](#)

Please review the following information to allow for appropriate testing:

- § No lotions, powder, or body oils on your chest area.
- § You can eat and drink as normal.
- § Please wear comfortable clothes for the test.

Your test results:

Your test results will be communicated with your referring and/or family physician to discuss with you. Should your test result require an urgent cardiology consultation, we will expedite that for you in coordination with your referring/family physician to minimize your concerns.